



Healthcare & Dependent Day Care FSA Overview

The following information will provide you with an overview of a Healthcare Flexible Spending Account (FSA) as well as a Dependent Day Care FSA. You have the option of enrolling either one or both of these benefits.

Healthcare Flexible Spending Account

A healthcare FSA allows you to pay for qualified medical expenses using pre-tax dollars. Qualified expenses include medical, dental, vision, hearing and pharmaceutical expenses such as co-pays, co-insurance, certain over-the-counter medications, eyeglasses, contacts, eye care solutions and even laser-vision correction.

Visit www.mypayflex.com or click on the links below to learn more:

[View a list of eligible healthcare expenses](#)

[View PayFlex education tools](#)

[Use our Saving Calculator to help you plan your Healthcare FSA contribution](#)

Dependent Day Care Flexible Spending Account

A dependent day care FSA allows you to pay for dependent day care expenses using pre-tax dollars as well. This account reimburses you for dependent day care expenses you incur to allow you, and if married, your spouse to work. Qualified expenses include day care, before-and-after school programs, nursery school or preschool, summer day camp and even adult day care.

Visit www.mypayflex.com or click on the links below to learn more:

[View a list of eligible dependent care expenses](#)

[View PayFlex education tools](#)

[Use our Saving Calculator to help you plan your Dependent Care FSA contribution](#)

If you decide to enroll in the healthcare and/or dependent day care account, you will need to estimate the amount you will spend on out-of-pocket health care expenses and/or dependent day care expenses during the plan year. The amount you choose to set aside will be deducted from your paycheck in equal amounts each pay period throughout the plan year on a pre-tax basis. The [Savings Calculator](#) can assist you in planning your contribution. If this is your first time participating in an FSA, please be a little conservative with your contributions as money left in your account at the end of the plan year will be forfeited.

To learn more about flexible spending accounts, click on the icon below:

